

MEN’S SIZE CHART – BODY MEASUREMENT

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
Chest to fit (inch)	36-38	38-40	40-42	42-44	44-46	46-48	50-52	52-54	54-56	58-60	60-62	62-64
Chest to fit (cm)	91-96	96-102	102-107	107-112	112-117	117-122	127-132	132-137	137-142	147-152	152-157	157-162
Shirt Collar to fit (inch)		14.5-15	15.5	16-16.5	17-17.5	18-18.5	19-19.5					
Shirt Collar to fit (cm)		37-38	39.5	41-42	43-44.5	45.5-47	48-49.5					

International conversion												
Austria, Switzerland, German, Netherlands, Sweden	44	46	48	50	52	54	56	58	60	62	64	66-68
Belgium, Spain, France, Portugal	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54	54-56	56-58	58-60

Trousers	28	30	32	34	36	38	40	42	44	46	48	50	52
Waist to fit (inch)	28	30	32	34	36	38	40	42	44	46	48	50	52
Waist to fit (cm)	71	76	81	86	91	96.5	101.5	106.5	112	117	122	127	132

International conversion													
Austria, Switzerland, German, Netherlands, Sweden	44	46	48	50	52	54	58	60	62	64	66	68	70
Belgium, Spain, France, Portugal	38	40	42	44	46	48	50	52	54	56	58	60	62

Inside leg measurement													
Short	29	29	29	29	29	29	29	29	29	29	29	29	29
Regular	31	31	31	31	31	31	31	31	31	31	31	31	31
Long	33	33	33	33	33	33	33	33	33	33	33	33	33

UNISEX SIZE CHARTS

If ordering Unisex Tops for Ladies (Polo Shirts, Sweatshirts, Fleece Jackets, T Shirts and Hi Viz Jackets)

Size	XS	S	M	L	XL	2XL	3XL	4XL
UK Dress Size	8 - 12	14	16	18	20	22	24	26
To Fit Bust (inches)	30 - 34	36	38	40	42	44	46	48
To Fit bust (cm)	76 - 86	92	97	102	107	112	117	122

If ordering Unisex trousers for Ladies

Size	XS	S	M	L	XL	2XL	3XL	4XL
UK Dress Size	10 - 12	14	16	18	20	22	24	26
Waist Size (inches)	28	30	32	34	36	38	40	42
Waist Size (cm)	71	76	81	86	92	97	102	107
Regular Inside Leg (inches)	31	31	31	31	31	31	31	31
Long Inside Leg (cm)	33	33	33	33	33	33	33	33

LADIES' SIZE CHART – BODY MEASUREMENT

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
UK size	8	10	12	14	16	18	20	22	24	26
Bust to fit (inch)	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50
Bust to fit (cm)	76-81	81-86	86-91	91-96	96-101	101-106	106-111	111-116	116-121	121-127

International conversion									
Austria, Switzerland, German, Netherlands, Sweden	34	36	38	40	42	44	46	48	50
Belgium, Spain, France, Portugal	34	36	38	40	42	44	46	48	50
Italy	40	42	44	46	48	50	52	54	60

Trousers	8	10	12	14	16	18	20
Waist to fit (inch)	26	28	29	31	33	35	37
Waist to fit (cm)	66	71	74	79	84	89	94

International conversion							
Austria, Switzerland, German, Netherlands, Sweden	36	38	40	42	44	46	48
Belgium, Spain, France, Portugal	36-38	38-40	40-42	42-44	44-46	46-48	48-50
Italy	40	42	44	46	48	50	52

Inside leg measurement							
Regular	30	30	30	30	30	30	30

CHILDREN'S SIZES CHART – BODY MEASUREMENT

Years	2	3-4	5-6	7-8	9-10	11-13
Chest to fit (inch)	22-24	24-26	26-28	28-30	30-32	32-34
Chest to fit (cm)	53-56	56-63	63-71	71-76	76-81	81-86
Height	92-98	98-104	110-116	122-128	135-140	146-158

International conversion						
European	98	104	116	128	140	152

Children's Hi-Viz Coat				
Chest to fit (inch)		4-6	7-9	10-13
Chest to fit (cm)		24-26	28-30	32-34
		56-63	71-76	81-86